

# HOLISTIC AESTHETIC SERVICES



## BODY CARE

- Back Glycolic Treatment  
An effective back treatment for acne . . . . . \$99
- QBody Polish  
An encompassing whole-body exfoliating treatment using QScrub, QLotion, and drops of invigoration, calming, releasing essential oils for an effusive, over-all stress relief through a pressure point massage technique. . . . . \$108

## MANICURE & PEDICURE

- Signature Manicure  
Nourishing hand & nail treatment. Hand massage followed by your favourite lacquer. . . . . \$37
- Shellac Manicure  
Your favourite polish that will last up to two weeks. . . . . \$45
- Dry Pedicure  
Nail and cuticle clean up followed by your favourite lacquer. . . . . \$40
- Signature Pedicure  
Essential oil foot bath. Foot scrub, complete nail & foot treatment, relaxing massage with nourishing cream. Top it off with pretty polish. . . . . \$50
- Shellac Pedicure  
Relax in a warm foot bath. Foot scrub, complete nail & foot treatment, followed by an essential massage and polish. . . . . \$67
- Men's Toes on the Go  
Foot soak, salt scrub, foot massage, and tidy up the toe nails . . . . . \$40

## SPECIALTY REMOVALS

- Hair Electrolysis - 15 minute session . . . . . \$25 & up
- Couperose, Vascular, Skin Tags and Milia - 15 minute session. . . . . \$85

## WAXING HAIR REMOVAL

- |                         |      |                                       |           |
|-------------------------|------|---------------------------------------|-----------|
| Brows . . . . .         | \$18 | Bikini . . . . .                      | \$23      |
| Lip . . . . .           | \$11 | Brazilian . . . . .                   | \$44 & up |
| Chin . . . . .          | \$15 | Chest . . . . .                       | \$28      |
| Sides of Face . . . . . | \$18 | Eyebrows, Lip & Chin. . . . .         | \$28      |
| Belly. . . . .          | \$19 | Eyebrows & Chin . . . . .             | \$22      |
| Back Wax . . . . .      | \$34 | Eyebrows, Lip, Chin, & Tint . . . . . | \$34      |
| Back of Neck . . . . .  | \$18 | Lip & Chin . . . . .                  | \$20      |
| Lower Legs . . . . .    | \$36 | Eyebrows & Tint. . . . .              | \$25      |
| Full Legs . . . . .     | \$56 | Eyebrows & Lip . . . . .              | \$20      |
| Underarms. . . . .      | \$18 |                                       |           |
| Forearms. . . . .       | \$26 |                                       |           |
| Full Arm . . . . .      | \$32 |                                       |           |
| Half Arm . . . . .      | \$26 |                                       |           |
| Toes. . . . .           | \$9  |                                       |           |
| Fingers . . . . .       | \$9  |                                       |           |

## LASH & BROW

- Eyelash Fills . . . . . \$55
- Eyelash Lift & Tint . . . . . \$87
- Brow Tinting . . . . . \$18
- Lash Tinting . . . . . \$23



## HOLISTIC MASSAGES

Acupressure Massage . . . . . **\$90**

An ancient Chinese Yin/Yan technique that brings balance to the whole body by igniting vital energy points that release energy blocks to reduce pain and inflammation. It assists the body by creating a relaxed and calm state, stimulating whole body healing using our Pure Essential Oils to assist in an overall well-being experience.

Raindrop Body Balance Massage . . . . . **\$106**

Nine highly effective antibacterial oils have been designed specifically to be massaged along the spine, sending energy impulses throughout the entire body via the central nervous system. Wonderfully soothing, nurturing and relaxing, This therapy can work its benefits in the body for days to weeks or months after the application.

Hot Stone Massage. . . . . **\$120**

During this massage, smooth basalt stones are heated in water to a therapeutic temperature. This promotes healthy circulation and helps to remove toxins from the body. The warmth from the stones encourages deep relaxation for both body and mind. To maximize the effectiveness of the treatment, hydration is crucial before and after the massage. Helps to alleviate back pain, tension, anxiety, insomnia, and depression, and eases symptoms related to arthritis and fibromyalgia.

Relaxing Massage. . . . . **\$80**

This massage gives the body and mind a chance to let go of the physical and emotional tensions of the day. It's a chance to let the mind wander where it will, following the music or whatever paths it chooses, to explore the connection of mind and body.

Cellulite Massage. . . . . **\$106**

Designed to improve the appearance of dimpled skin by increasing blood flow, breaking down fat deposits, and stimulating lymphatic drainage. This specialized massage helps to reduce the visibility of cellulite, leaving skin looking smoother

## ADVANCED ENDERMOLOGIE® LIPOMASSAGE™

Lipomassage picks up where diet and exercise leave off. Lose where you want painlessly and without surgery. This relaxing therapeutic massage technique reshapes the body, both reducing and managing cellulite. It treats your skin and muscles; edema and swollen arms; and Restless Legs Syndrome.

Lipomassage. . . . . **\$105** per treatment

*Minimum of six and up to 15 treatments for optimal results.*

Endermologie® is the #1 treatment of choice for cellulite reduction.

## HOLISTIC FACIAL THERAPIES

Our Advanced Corrective Management Facials are personalized to your skin's condition. We will enhance your skin's beauty using Quannessence Skincare Products to assist in your overall skin health and well-being experience, revealing its healthy radiance. Love the way you look and feel.

Well-Being Facial. . . . . **\$75**

Enjoy a truly relaxing facial that is gently exfoliating and super hydrating.

Rosacea Facial. . . . . **\$99**

A gentle Chardonnay peel provides the skin with a dramatic impact on reducing redness, irritated conditions and signs of gentle aging.

Hyperpigmentation Facial. . . . . **\$99**

Highly effective skin lightening combined with a glycolic peel for a deeper exfoliation, aids the skin to be lightened up to three shades.

Purifying Acne Facial. . . . . **\$75**

Salicylic acid peel is recommended to balance acne and compromised skin conditions.

Chardonnay Facial Therapy . . . . . **\$99**

Our multi-fruit acid peel is beneficial for sensitive rosacea skin condition.

Glycolic Facial Therapy . . . . . **\$99**

*Six treatments are recommended for optimal results.*

Anti-aging clinical grade, unbuffered exfoliating peel that will renew, rehydrate, and heal your skin to its beautiful glow.



## ADVANCED FACIAL REJUVENATION

Effective stand alone treatments that can produce optimal results. This is the perfect add on for many aesthetic procedures including chemical peels and facials.

**Dermaplaning . . . . . \$81**

*With a peel . . . . . \$119*

Dermaplaning is a wonderful facial procedure in combination with Quannessence AHA peels to enhance your skin's radiance for a more refined, smooth, glowing appearance.

**Microneedling . . . . . Single sesion \$333**

*Package of 3 at six weeks apart for optimum results . . . . \$750*

Microneedling can help balance skin tone, reduce scarring and stretch marks, improve skin barrier functions, and reduce the appearance of fine lines and wrinkles.

**Microcurrent Facial – Ask for special price package of 10 treatments for optimal results. . . . . \$128**

Increases lymphatic stimulation and promotes continuous rejuvenation. This treatment firms tissues and stimulates muscles while diminishing and softening fine lines and wrinkles to reveal a glowing, radiant complexion.

**Mana Mana Facial – Energy Therapy with Chakra Connection and Mind Release. . . . . \$98**

As a pure gentle energy moves through your body, it is beyond what we can possibly imagine in clearing the body and mind. You can expect to experience more clarity and awareness by releasing the mind chatter that doesn't align with your highest good. Peace of mind and growing with grace is what this therapy is about. Embracing the balance within the whole body through emotion and physical well-being, bringing your whole self back into harmony.

**Enzyme Facial Peel . . . . . \$98**

As the mushroom enzyme peel is brushed onto the face, it immediately and gently begins to deeply exfoliate the build up of dead cells. This will stimulate collagen and elastin to provide you with a Rejuvenating and Restoring your Luminescent healthy skin glow. This can be a stand-alone treatment or the ultimate add-on to the experience of Mana Mana (Chakra Connection & Mind Release).

**Ultra Sonic Deep Pore Facial . . . . . \$150**

Ultrasonic Deep Pore Facial is the newest generation of skin exfoliation and product infusion. This professional wireless device offers 4 synergetic treatments in one: *Extract, Exfoliate, Infuse, Rejuvenate*. Ultrasonic uses high frequency ultrasound vibrations to penetrate the skin and exfoliate the upper layer of dead skin cells. 28,000 vibrations per second create high speed oscillations, helping to extract extra sebum and blackheads from pores with no trauma. Gentle ultrasound vibrations cleanse skin thoroughly leaving skin fresh and smooth, completely prepared for product infusion.

## ACUPUNCTURE/COSMETIC ACUPUNCTURE

In Traditional Chinese Medicine theory, the human body is an energetic system in which energy flows along defined pathways (meridians) throughout the body. When the body is in harmony and balance the flow is smooth.

TCM is used in treating a variety of ailments in the body, including tension, physical pain, emotional imbalance, hormonal disharmony, and skin conditions of any age.

**Acupuncture Initial Consultation . . . . . \$125**

An in-depth assessment to create a personalized treatment plan based on your needs.

**Follow-Up Acupuncture . . . . . \$85**

*Follow-up treatments are on a per hour basis*

**Cosmetic Acupuncture Rejuvenation. . . . . \$125**

Cosmetic Acupuncture combines specific points throughout the body that work to harmonize internal organ function as well as target areas on the face.

**Fire Cupping . . . . . \$60**

This treatment warms the meridians, dispels damp and cold, relieves blood stagnation, invigorates Qi and blood circulation, and reduces swelling and pain. Can be used for pain syndrome, frozen shoulder, migraine, soft tissue injury, and lower back pain.

**Gua Sha & Facial Cupping . . . . . \$110**

Gua Sha & Facial Cupping is our newest advanced professional facial treatment, which incorporates our advanced skincare products. Facial Cupping & Gua Sha treatments deliver results by increasing blood circulation, lymphatic drainage, increasing collagen synthesis, minimizing acne scarring, and plumping the skin's surface.