

HOLISTIC AESTHETIC SERVICES



BODY CARE

- Back Glycolic Treatment
An effective back treatment for acne **\$104**
- QBody Polish
An encompassing whole-body exfoliating treatment using QScrub, QLotion, and drops of invigoration, calming, releasing essential oils for an effusive, over-all stress relief through a pressure point massage technique. **\$108**

MANICURE & PEDICURE

- Signature Manicure
Nourishing hand & nail treatment. Hand massage followed by your favourite lacquer **\$42**
- Shellac Manicure
Your favourite polish that will last up to two weeks **\$50**
- Dry Pedicure
Salt scrub; hot towel wrap; nail, cuticle, and callous clean up; foot massage, with your favourite polish **\$55**
Dry Pedicure without polish **\$45**
- Signature Pedicure
Essential oil foot bath. Foot scrub, complete nail & foot treatment, relaxing massage with nourishing cream
Top it off with pretty polish. **\$55**
- Shellac Pedicure
Relax in a warm foot bath. Foot scrub, complete nail & foot treatment, followed by an essential massage and polish. **\$72**

SPECIALTY REMOVALS

- Electrolysis Permanent Hair Removal - 15 minute session **\$28 & up**
- Couperose, Vascular, Skin Tags and Milia - 15 minute session **\$85**

WAXING HAIR REMOVAL

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|-------------------------|-------------|---------------------------------------|----------------------|
| Brows | \$20 | Bikini | \$28 |
| Lip | \$12 | Brazilian | \$54 & up |
| Chin | \$17 | Chest | \$30 |
| Sides of Face | \$20 | Eyebrows, Lip & Chin | \$30 |
| Belly | \$21 | Eyebrows & Chin | \$24 |
| Back Wax | \$39 | Eyebrows, Lip, Chin, & Tint | \$38 |
| Back of Neck | \$20 | Lip & Chin | \$22 |
| Lower Legs | \$41 | Eyebrows & Tint | \$28 |
| Full Legs | \$60 | Eyebrows & Lip | \$22 |
| Underarms | \$20 | | |
| Forearms | \$28 | | |
| Full Arm | \$34 | | |
| Toes | \$11 | | |
| Fingers | \$11 | | |

LASH & BROW

- Eyelash Fills **\$60**
- Eyelash Lift & Tint **\$89**
- Brow Tinting **\$20**
- Lash Tinting **\$24**



HOLISTIC MASSAGES

Raindrop Body Balance Massage \$110

Nine highly effective antibacterial oils have been designed specifically to be massaged along the spine, sending energy impulses throughout the entire body via the central nervous system. Wonderfully soothing, nurturing and relaxing, This therapy can work its benefits in the body for days to weeks or months after the application.

Hot Stone Massage \$120

During this massage, smooth basalt stones are heated in water to a therapeutic temperature. This promotes healthy circulation and helps to remove toxins from the body. The warmth from the stones encourages deep relaxation for both body and mind. To maximize the effectiveness of the treatment, hydration is crucial before and after the massage. Helps to alleviate back pain, tension, anxiety, insomnia, and depression, and eases symptoms related to arthritis and fibromyalgia.

Relaxing Massage \$85

This massage gives the body and mind a chance to let go of the physical and emotional tensions of the day. It's a chance to let the mind wander where it will, following the music or whatever paths it chooses, to explore the connection of mind and body.

Mana Mana – Whole Body Energy Therapy - Chakra Connection and Mind Release. \$104

As a pure gentle energy moves through your face and whole body, it is beyond what we can possibly imagine in clearing the body and mind. You can expect to experience more clarity and awareness by releasing the mind chatter that doesn't align with your highest good. Peace of mind and growing with grace is what this therapy is about. Embracing the balance within the whole body through emotion and physical well-being, bringing your whole self back into harmony.

ADVANCED ENDERMOLOGIE® LIPOMASSAGE™

Lipomassage picks up where diet and exercise leave off. Lose where you want painlessly and without surgery. This relaxing therapeutic massage technique reshapes the body, both reducing and managing cellulite. It treats your skin and muscles; edema and swollen arms; and Restless Legs Syndrome.

Lipomassage. \$105 per treatment

Minimum of six and up to 15 treatments for optimal results. Ask about our special pricing for 10-15 treatments.

Endermologie® is the #1 treatment of choice for cellulite reduction.

ACUPUNCTURE/COSMETIC ACUPUNCTURE *Covered under most Extended Health Plans*

In Traditional Chinese Medicine theory, the human body is an energetic system in which energy flows along defined pathways (meridians) throughout the body. When the body is in harmony and balance the flow is smooth.

TCM is used in treating a variety of ailments in the body, including tension, physical pain, emotional imbalance, hormonal disharmony, and skin conditions of any age.

Acupuncture Initial Consultation \$125

An in-depth assessment to create a personalized treatment plan based on your needs.

Cosmetic Acupuncture Rejuvenation. . . . \$130

Cosmetic Acupuncture combines specific points throughout the body that work to harmonize internal organ function as well as target areas on the face.

Follow-Up Acupuncture \$85

Follow-up treatments are on a per hour basis

Fire Cupping Massage add-on \$60

This treatment warms the meridians, dispels damp and cold, relieves blood stagnation, invigorates Qi and blood circulation, and reduces swelling and pain. Can be used for pain syndrome, frozen shoulder, migraine, soft tissue injury, and lower back pain.

Acupressure Massage \$95

An ancient Chinese Yin/Yan technique that brings balance to the whole body by igniting vital energy points that release energy blocks to reduce pain and inflammation. It assists the body by creating a relaxed and calm state, stimulating whole body healing using our Pure Essential Oils to assist in an overall well-being experience.

HOLISTIC FACIAL THERAPIES



Our Corrective Management Facials are personalized to your skin's condition. We will enhance your skin's beauty using Quannessence Professional Grade Peels and Holistic Skincare Products to assist in your overall skin health and well-being experience, revealing its healthy radiance. Love the way you look and feel.

Gua Sha & Facial Cupping **\$115**
With an AHA peel \$150

Gua Sha & Facial Cupping is our newest advanced professional facial treatment, which incorporates our advanced skincare products. Facial Cupping & Gua Sha treatments deliver results by increasing blood circulation, lymphatic drainage, increasing collagen synthesis, minimizing acne scarring, and plumping the skin's surface.

Well-Being Facial **\$80**

Enjoy a truly relaxing facial that is gently exfoliating and super hydrating.

Purifying Acne Facial **\$80**

Salicylic acid peel is recommended to balance acne and compromised skin conditions.

Rosacea Facial **\$104**

A gentle AHA peel provides the skin with a dramatic impact on reducing redness, irritation and signs of aging by stimulating the production of collagen.

Chardonnay Facial Therapy **\$104**

AHA multi-fruit acid peel is beneficial for normal to sensitive skin conditions aiding in the production of collagen and elastin.

Hyperpigmentation Facial **\$104**

Highly effective QPearl skin-lightening combined with a glycolic peel or AHA peel for a deeper exfoliation, aiding the skin to be lightened up to three shades.

Glycolic Facial Therapy **\$104**

Six treatments are recommended for optimal results.

Anti-aging professional grade, deep exfoliating peel that will rejuvenate and heal your skin to its beautiful glow.

ADVANCED FACIAL REJUVENATION

Paramedical skincare treatments are advanced, clinical procedures to address various skin concerns, such as acne, scarring, pigmentation, and aging. Treatments utilize medical-grade products and techniques to achieve undeniably long-lasting results.

QEnzyme Facial Peel **\$104**

As the mushroom enzyme peel is brushed onto the face, it immediately and gently begins to deeply exfoliate the build up of dead cells. This will stimulate collagen and elastin to provide you with a Rejuvenating and Restoring your Luminescent healthy skin glow.

Dermaplaning **\$86**

With a peel \$124

Dermaplaning is a wonderful facial procedure in combination with Quannessence AHA peels to enhance your skin's radiance for a more refined, smooth, glowing appearance.

Microneedling *Single session* **\$280**

Package of 3 at six weeks apart for optimum results. . . . \$750

Microneedling can help balance skin tone, reduce scarring and stretch marks, improve skin barrier functions, and reduce the appearance of fine lines and wrinkles.

Microcurrent Facial – *Ask our for special price package of 10 treatments for optimal results.* **\$125**

Increases lymphatic stimulation and promotes continuous rejuvenation. This treatment firms tissues and stimulates muscles while diminishing and softening fine lines and wrinkles to reveal a glowing, radiant complexion.

Ultra Sonic Deep Pore Facial **\$150**

Ultrasonic Deep Pore Facial is the newest generation of skin exfoliation and product infusion. This professional wireless device offers 4 synergetic treatments in one: *Exfoliating with Enzymes, Extraction, Serum Infusion, and Rejuvenating Complexes.* Ultrasonic uses high frequency ultrasound vibrations to penetrate the skin and exfoliate the upper layer of dead skin cells. 28,000 vibrations per second create high speed oscillations, helping to extract extra sebum and blackheads from pores with no trauma. Gentle ultrasound vibrations cleanse skin thoroughly leaving skin fresh and smooth, completely prepared for product infusion.