

HOLISTIC AESTHETIC SERVICES



BODY CARE

Back Glycolic Treatment	\$120
An effective back treatment for acne	
QBody Polish.	\$120
An encompassing whole-body exfoliating treatment using QScrub, QLotion, and drops of invigoration, calming, releasing essential oils for an effusive, over-all stress relief through a pressure point massage technique	

MANICURE & PEDICURE

Signature Manicure	\$47
Nourishing hand & nail treatment. Hand massage followed by your favourite lacquer	
Shellac Manicure	\$59
Your favourite polish that will last up to two weeks	
Dry Pedicure	
Salt scrub; hot towel wrap; nail, cuticle, and callous clean up; foot massage, with your favourite polish	\$59
Dry Pedicure without polish	\$49
Signature Pedicure	\$59
Essential oil foot bath. Foot scrub, complete nail & foot treatment, relaxing massage with nourishing cream. Top it off with pretty polish.	
Shellac Pedicure	\$76
Relax in a warm foot bath. Foot scrub, complete nail & foot treatment, followed by an essential massage and polish.	

SPECIALTY REMOVALS

Electrolysis Permanent Hair Removal - 15 minute session	\$30 & up
Couperose, Vascular, Skin Tags and Milia - 15 minute session	\$85

WAXING HAIR REMOVAL

Brows	\$22	Bikini	\$32
Lip	\$14	Brazilian	\$58 & up
Chin	\$19	Chest	\$34
Sides of Face	\$22	Eyebrows, Lip & Chin	\$34
Belly	\$23	Eyebrows & Chin	\$26
Back Wax.	\$44	Eyebrows, Lip, Chin, & Tint	\$42
Back of Neck.	\$24	Lip & Chin	\$25
Lower Legs.	\$46	Eyebrows & Tint.	\$32
Full Legs	\$65	Eyebrows & Lip	\$25
Underarms	\$24		
Forearms	\$32	LASH & BROW	
Full Arm	\$39	Eyelash Fills	\$60
Toes	\$13	Eyelash Lift & Tint	\$89
Fingers	\$13	Brow Tinting	\$24
		Lash Tinting	\$29

LOVE THE WAY YOU LOOK AND FEEL

Prices subject to change without notice due to operating cost increases.





HOLISTIC MESSAGES

Raindrop Body Balance Massage \$125

Nine highly effective antibacterial oils have been designed specifically to be massaged along the spine, sending energy impulses throughout the entire body via the central nervous system. Wonderfully soothing, nurturing and relaxing, this therapy can work its benefits in the body for days to weeks or months after the application.

Hot Stone Massage \$90

During this massage, smooth basalt stones are heated in water to a therapeutic temperature. This promotes healthy circulation and helps to remove toxins from the body. The warmth from the stones encourages deep relaxation for both body and mind. To maximize the effectiveness of the treatment, hydration is crucial before and after the massage. Helps to alleviate back pain, tension, anxiety, insomnia, and depression, and eases symptoms related to arthritis and fibromyalgia.

Relaxing Massage \$90

This massage gives the body and mind a chance to let go of the physical and emotional tensions of the day. It's a chance to let the mind wander where it will, following the music or whatever paths it chooses, to explore the connection of mind and body.

ADVANCED ENDERMOLOGIE® LIPOMASSAGE™

Lipomassage picks up where diet and exercise leave off. Lose where you want painlessly and without surgery. This relaxing therapeutic massage technique reshapes the body, both reducing and managing cellulite. It treats your skin and muscles; edema and swollen arms; and Restless Legs Syndrome.

Lipomassage. per treatment \$95

Special pricing on a package of 6 or more treatments each \$69

Endermologie® is the #1 treatment of choice for cellulite reduction.

ADVANCED MEDICAL AESTHETICS

Paramedical skincare treatments are advanced, clinical procedures to address various skin concerns, such as acne, scarring, pigmentation, and aging. Treatments utilize medical-grade products and techniques to achieve undeniably long-lasting results.

Dermaplaning \$96

with a QPeel AHA \$125

Dermaplaning is a wonderful facial procedure in combination with Quannessence QPeel AHA Acid peels to enhance your skin's radiance for a more refined, smooth, glowing appearance.

Microneedling – Single session for face & neck OR Single session for stretch marks. \$280

An After Care Kit containing 10 ml QHyaluron Hydrating Complex and 15 ml QAlchemy Revitalizing Cream is included with your session of choice.

Microneedling can help balance skin tone, reduce scarring and stretch marks, improve skin barrier functions, and reduce the appearance of fine lines and wrinkles.

Microcurrent Facial – Ask our for special price package of 10 treatments for optimal results.. . . . \$120

Increases lymphatic stimulation and promotes continuous rejuvenation. This treatment firms tissues and stimulates muscles while diminishing and softening fine lines and wrinkles to reveal a glowing, radiant complexion.

Ultra Sonic Deep Pore Facial \$120

Ultrasonic Deep Pore Facial is the newest generation of skin exfoliation and product infusion. This professional wireless device offers 4 synergetic treatments in one: *Exfoliating with Enzymes, Extraction, Serum Infusion, and Rejuvenating Complexes*. Ultrasonic uses high frequency ultrasound vibrations to penetrate the skin and exfoliate the upper layer of dead skin cells. 28,000 vibrations per second create high speed oscillations, helping to extract extra sebum and blackheads from pores with no trauma. Gentle ultrasound vibrations cleanse skin thoroughly leaving skin fresh and smooth, completely prepared for product infusion.



QCHARDONNAY SIGNATURE FACIALS

QChardonnay Facial \$115

The QChardonnay Facial is designed to restore and rejuvenate your skin. Experience customized treatments using Quannessence Holistic Skincare, including professional-grade QPeel (AHA) resurfacing facial to reveal smoother, firmer and radiant skin. Unwind with our nurturing face, neck and scalp massage, releasing tension of the mind and body.

Our QChardonnay Facial addresses various skin concerns, including Sensitive Skin, Rosacea, Hyperpigmentation, Naturally Aging Skin, and Hormonal Acne

QFoundational Facials

QWell-Being Facial \$90

QWell-Being Facial is a deeply restorative treatment that nourishes both skin and spirit. Using the pure, botanical power of Quannessence Skincare, this holistic facial gently exfoliates, deeply hydrates, and enhances your natural radiance. Perfect for first time clients with normal to sensitive skin.

QPurifying Acne Facial \$90

QPurifying Acne Facial uses QClear Salicylic Purifying Foam to balance acne and compromised skin condition. A series of six treatments is recommended for optimal results.

QEnzyme Age-Softening Facial \$120

For mature skin, this anti-aging professional grade, AHA deep exfoliating peel will rejuvenate and heal your skin to its beautiful glow. As the mushroom enzyme peel is brushed onto the face, it immediately and gently begins to deeply exfoliate the build up of dead cells. This will stimulate collagen and elastin to provide you with a Rejuvenating and Restoring your Luminescent healthy skin glow. A series of three to six treatments is recommended for optimal results. Your skin will be nourished with our Quannessence Advanced Infinity Line of QSolstice Redefining Complex, QAzul Mature+ Remodeling Complex, and finished with QEquinox Mature Redefining Cream with peptides.

QGua Sha & Facial Cupping \$120

Reawaken your skin's natural vitality with our QGua Sha & Facial Cupping treatment. These time-honored techniques enhance circulation, lymphatic flow, and collagen production, helping to smooth fine lines, minimize acne scarring, and naturally plump the skin.

Through gentle, rhythmic movements, this treatment releases facial tension and promotes a healthy, radiant glow—leaving your complexion lifted, refreshed, and beautifully renewed.

QENERGY THERAPY - *exclusively by Sharon*

As a pure gentle energy moves through your face and whole body, it is beyond what we can possibly imagine in clearing the body and mind. You can expect to experience more clarity and awareness by releasing the mind chatter that doesn't align with your highest good. Peace of mind and growing with grace is what this therapy is about. Embracing the balance within the whole body through emotion and physical well-being, bringing your whole self back into harmony.

QMana Mana – Whole Body Energy Therapy - Chakra Connection and Mind Release. \$140

ACUPUNCTURE/COSMETIC ACUPUNCTURE *Covered under most Extended Health Plans*



In Traditional Chinese Medicine theory, the human body is an energetic system in which energy flows along defined pathways (meridians) throughout the body. When the body is in harmony and balance the flow is smooth. TCM is used in treating a variety of ailments in the body, including tension, physical pain, emotional imbalance, hormonal disharmony, and skin conditions of any age.

Acupuncture Initial Intake. \$115

A 75-minute detailed health assessment to create a personalized treatment plan for your unique needs. Based on TCM, Acupuncture treatment may also combine the use of moxibustion, fire cupping or gua sha.

Follow-Up Acupuncture \$90

A 60-minute follow up treatment based on ones individual treatment plan.

Acupressure Massage \$100

Grounded in the healing principles of Traditional Chinese Medicine, this deeply therapeutic massage combines acupressure points and deep tissue techniques to release muscular tension, improve circulation, and restore energetic balance throughout the body. This 60-minute treatment may also combine acupuncture needling, moxibustion and/or fire cupping.

Cosmetic Acupuncture / Hormonal Facial. \$120

Cosmetic Acupuncture combines specific points throughout the body that work to harmonize internal organ function as well as target areas on the face.

TCM Facial Cupping & Gua Sha. \$120

Experience the perfect balance of holistic rejuvenation, combining Quannessence Facial Cupping with a personalized acupuncture session designed to support optimal skin health. By stimulating specific meridian points, it encourages circulation, lymphatic flow, and skin vitality, while easing tension held in the face, neck, and scalp.

TCM Holistic Microneedling \$280

Our Holistic Microneedling treatment not only resurfaces and refines the skins texture but also addresses the deeper energetic imbalances such as puffiness, dullness, scarring, and fine lines. While microneedling encourages the skins natural renewal process, acupuncture supports the free flow of Qi and blood to promote long lasting results.